

## Mirror Sky Information Pack – A mass movement piece for 50-100 young performers

It'll all start when you look up...

Have you noticed everyone's eyes are fixed on their phones? Is it escapism, security or an uncontrollable addiction? Do we need to take a moment to look up, to look out and to look to the sky? Is it time to change our horizons?



We spend so much time with our eyes fixed to the floor or fixed to a screen that we may be forgetting to connect with each other and our environment. People walk through public spaces so engrossed in their social media feeds or latest emails they wouldn't even notice if the sky fell in. People's worlds are becoming smaller and more insular when what we need, now more than ever, is to be more connected.

Groups of figures appear on the streets, the park, the station, the square...they are transfixed on their own path, their own screen and their own journey.

Keep your eyes open as movement and music combine to shine a light on what is held within the 'black mirrors' in their hands. Watch as they dance from anger to hilarity, from outrage to fear and from love to vanity.



This performance piece will offer the audience a chance to re-look at their environment, to re-imagine their communications and to re-connect with each other.

Tangled Feet seek to work collaboratively with a local youth theatre, partner schools or a mixture of both to co-create a series of movement sequences for between 50-100 local young people to perform in their local area as part of a festival/event/happening.



Pop up moments of performance happen throughout the day as groups of young people perform movement sequences in various locations. Each travels with their own soundtrack/speaker system and hand held phone/device like prop.

At the end of the day all groups meet for a larger scale finale.

**The theme and narrative of the 4 pop-up scenes are:**

**Pokemon Go**- playing digital games in public space, addiction to gaming and loss of perspective

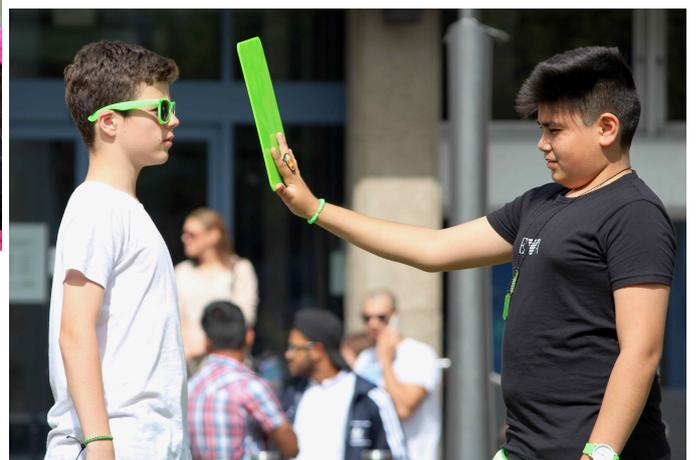
**No Connection** – how do relationships breakdown when your partner is staring at a screen in moments of intimacy?



**Selfie Surveillance** – the obsession of The Selfie spreads through the streets but the phone camera starts to take control leading to mass surveillance



**Social Networking** – all of the positive and negative aspects of social networking, the fun, the trauma, the contagion



By using a simple prop of an IPAD like device with a mirror on one side, replicated 100 times, we are able to make a big impact.

## **Finale**

The piece ends with a daytime finale with all the performers converging for an uplifting and powerful celebration of what happens when our connections are not just digital, but human. The finale moment glimpses the movement quality of each of the



four scenes and their particular preoccupation with their device. As all four groups enter the finale space there is a stand off and then physical 'text war' between the tribes.

Hope breaks through as one young performer starts to create a new dance move that goes viral. Soon all the performers are trying to break their addiction and put their phone down. One

by one they place their phones on the floor and soon the mass are celebrating their phone-free movement, their new horizons and their reach to the sky. The piece ends in a message of re-connection and celebration.

**Mirror Sky** premiered at Imagine Luton in 2017 in collaboration with Next Generation Youth Theatre, Cardinal Newman and Lea Manor Schools. We are looking for presentation partners in 2018.

**Video** <https://www.youtube.com/watch?v=TXtIIITEE2tQ&t=1s>



## **Feedback from Participants in 2018**

*I loved the energy and people I was surrounded by because they were the biggest contribution to making it an amazing experience.*

*I enjoyed working with a variety of members from Tangled Feet, and working*

*outside my comfort zone in a range of physical theatre techniques.*

*I loved the freedom of performing out of doors in a movement-based piece. I valued that we were able to be actively involved in the development, we were able to incorporate what matters to young people into the piece.*

*I appreciated how we were allowed to edit it to fit us instead of everything being dictated to us, I think it made it more individual.*

*We were always treated with respect and as though we were equals which i think left us with a feeling of greater involvement in the project. The rehearsals were always so much fun and we got a lot done in the short periods of time we had together.*

*I enjoyed the unlimited possibilities surrounding how we could use the space and having the opportunity to not only incorporate features from our surroundings but also involve members of the public*

*I enjoyed the unity between all performers and all those involved in the process, and the feeling of pride after having created something so incredible*

*The positivity from the audience, the originality if the piece and the fact that it is relevant to everyone of our age group, conveying a strong message!*

*It was my first time properly performing in an outside environment, so I learned how it feels to perform outdoors.*

### **Tangled Feet**

Is a theatre ensemble and a charity. We create original, visually stunning, transformative performances, sometimes inside theatres but often in other public spaces. We create atmospheres and experiences for the audience which are thrilling, surprising and memorable, which always feel 'live' and in the moment, where the unique reality of this audience, in this moment, right here is acknowledged and celebrated.

